



LASH LIFT/BROW LAMINATION AFTERCARE

FIRST 24 HOURS AFTER LIFT/LAMINATION:

The great thing about a Lash Lifts and Brow Laminations is that they are very low maintenance procedures. However, there is a little extra care required over the first 24-48hrs.

- **Be gentle with your lashes and/or brows; no rubbing.**
- **Do not get your lashes or brows wet for the first 24 hrs.**
- **Do not use harsh products on your eyes/lashes/brows.**
- **No Sauna/Steam for 24 hours. Sauna/Steam is possible after 24 hours but may weaken the effect of the lift.**
- **No eye make-up for 24 hours.**
- **Avoid waterproof mascara for the life of the lash lift.**
- **Swimming should be avoided for at least 24hrs. Chlorine can shorten the life of your lift & lamination.**
- **Do not use oil-based products or any conditioning treatments/serums on the lashes or brows.**

GENERAL AFTERCARE:

- **As your Lash Lift grows out and your lashes are going through their normal growth cycles, you may notice (usually towards the 6th week or more) that some lashes are twisted over the side and/or look a bit "frazzled". This is just the remains of the Lift growing out. This is NOT permanent. Using the recommended conditioning serum for lash/brow will help minimize this.**
- **Although rare, sometimes adverse/allergic reactions can happen. If you experience any irritated and/or swollen eyes, rinse your eyes out thoroughly with water, take a Benadryl or anti histamine, and apply a cold compress. But DO NOT RUB your eyes as this will cause way more irritation. If this does not help, seek medical attention.**
- **Above all else, if for some reason there is something about your Lash Lift that you don't like or that seems wrong, deep breath. This is not an exact**



science and with certain lash types, it can take a bit of trial and error and adjustment to get just the right curl. Everyone's lashes are different. If it's something that you absolutely can't live with, contact the spa and we'll have you pop in to take a look and make any necessary adjustments. Otherwise, just be sure to let us know any questions you have on your next visit.

PRODUCT RECOMMENDATIONS:

We will provide you with a clean spoolie (mascara brush) to take home with you. Because your lashes/brows are still malleable (shape shifting) within the first day or two, a side sleeper/face sleeper can notice changes to the curl upon waking. Use a spoolie brush to straighten back out the curl pattern, It's just a good idea to use that brush every morning after you wash your face, just to further encourage a consistent curl pattern and better grow out.