



## **POST WAX/SUGARING AFTERCARE**

To ensure maximum comfort and benefit after the treatment, it is important to follow the steps below at home:

- **Avoid applying heat to the waxed area for 12 to 24 hours. This includes hot baths, sauna, and steam.**
- **Use an anti-acne lotion for face, back and chest following the treatment and twice a day until breakouts are gone. Use only an anti-acne product recommended by your skin care professional.**
- **Avoid sun tanning for at least 24 hours. This includes any strong ultraviolet (UV) light exposure or tanning bed treatments.**
- **Avoid applying highly fragranced products to the waxed area. This includes, perfume, scented body lotions, anti-perspirants, cosmetics, or feminine hygiene sprays. Only use professional products, recommended to you by the skin care therapist who performed the waxing service**
- **Avoid using harsh abrasives or exfoliants in the waxed area. However, if you are prone to in-grown hairs, the day after your waxing treatment, exfoliate newly waxed area with a loofah to avoid future problems. Small circular motions will keep skin from blocking the pore. Continue this exfoliation pattern as hair starts to grow back in.**
- **Avoid applying high SPF sunblock to the waxed area for 12-24 hours after the waxing service. Sunscreen chemicals can be irritating to the newly waxed skin. This includes self-tanning products and tan accelerators.**
- **Any pinking of the skin should disappear within 6 to 8 hours after the waxing treatment. Pinking is normal, and indicates that the hair was removed from the root, rather than superficially broken off, as in shaving. This is the reason that professional waxing lasts so much longer.**
- **For best results, repeat your professional waxing every 4 to 6 weeks depending on the area and your individual hair growth rate. For certain areas on the body, if you come in regularly, you will be moved to maintenance waxing prices and your cost goes down.**

## **PRODUCT RECOMMENDATIONS:**

- **Finipil Antiseptic Cream**
- **Honey Heel Glaze – Not just for feet! Used after shaving/waxing, this natural humectant keeps bumps away!**
- **Jane Iredale Mineral Make-completely safe to use after any treatment or service.**